

HOUSE RULES

- Your chip and membership is personal and cannot be shared.
- Jackets and bags belong in the lockers, not in the café area or changing room.
- Machines and equipment must be wiped off and put back after use. Please leave the carabiners on the pulleys.
- You must wear indoor shoes and wear clothes covering the chest (No visible nipples).
- Goods purchased cannot be exchanged or refunded.
- It's not allowed to take pictures or videos of others without consent.
- The lockers are not personal and should be emptied after use.
- The volunteering staff's directions should always be followed.
- Steroids or other performance enhancing drugs are banned and will be reported to Anti-Doping Danmark.
- There are no trials or free training sessions. Everyone using the gym must be paying.
- If you're the last one in the gym, ensure the doors are closed.

Not following the rules can have consequences on your membership.

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